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## Cowes Men's Shed

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From Men in Sheds Cowes <meninshedsCowes@gmail.com>

Date Thu 04/09/2025 13:14

To Town Clerk <townclerk@cowestowncouncil.org.uk>

Dear Councillors,

I am writing on behalf of Cowes Men's Shed to respectfully request financial support from Cowes Town Council towards the purchase of a new pressure washer.

As you may know, Cowes Men's Shed is a vibrant, inclusive community space that currently supports 190 members, with approximately 30% of them being women. We operate five days a week, offering a safe, supportive, and welcoming environment for people to come together, learn new skills, share knowledge, and - perhaps most importantly - foster friendship and improve wellbeing.

Our Shed plays a crucial role in the mental health and social wellbeing of many individuals in our community, particularly those who may be retired, isolated, bereaved, or simply in need of meaningful connection. The Men's Shed movement has been widely recognised for its positive impact on mental health, and Cowes Men's Shed is proud to be a leading example of this in action on the Isle of Wight.

We regularly undertake a range of activities including and many of our projects benefit local organisations, charities, and residents directly.

A pressure washer is a vital tool for the kind of work we do - whether it's cleaning benches before restoration, preparing surfaces for painting, or maintaining our own premises and tools to ensure a clean, safe, and presentable environment. Our current equipment is old and unreliable and has been repaired many times - it is now beyond repair.

The cost of a suitable new reliable unit with a long warranty is £200 and we would be extremely grateful for any contribution the Town Council might be able to offer toward this essential piece of equipment.

Thank you for considering our request. We'd be delighted to welcome any councillors who would like to visit the Shed and see firsthand the difference it makes to so many lives.

Kind regards,

Adam Martin  
Project Leader  
Cowes Men's Shed

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**BE IN YOUR  
MATE'S CORNER**

1 in 4 of us will fight mental health problems this year.  
So if your mate's acting differently, step in.



#inyourcorner

**time to change**  
let's end mental health discrimination

PLEASE NOTE THAT OUR OPENING DAYS/HOURS ARE MONDAY TO FRIDAY, 10AM-3PM. THANK YOU!

01983 209734

[www.facebook.com/MenInShedsCowes](https://www.facebook.com/MenInShedsCowes)

[twitter.com/ @MenInShedsCowes](https://twitter.com/MenInShedsCowes)

## ABOUT YOUR ORGANISATION

### 1. What is your organisation's name, address and contact details?

Organisation Name: Storeroom2010's Cowes Men's Shed
Organisation Address 25-26 Somerton Industrial Park, Cowes, IOW
Post Code PO31 8PD
Name of Principal Officers and Posts: Nick Miller CEO
Name of Lead Contact and Post: Adam Martin Project Leader
Contact Number and email: 01983 209734, meninshedscowes@gmail.com

### 2. What is the type and purpose of your organisation?

Storeroom2010's Cowes Men's Shed has been established for nearly 8 years and offers a carpentry workshop, craft room, IT area and gardens with seating, raised beds and greenhouses. We are open five days a week and take on projects for other charities and good causes. We are open to anyone aged 18 and over. We have 190 members. 30% of our members are women. We reduce social isolation, boost mental health and wellbeing and increase physical activity in a fun and friendly environment.

### 3. Provide a summary from your most recent accounts. Are these figures below?

#### ✓ Information from the latest accounts approved by your organisation

A projection because your organisation has been running less than 15 months Budget costs for a non-recurring one-off event

Account Year Ending: dd/mm/yyyy) – or date of event:31/12/2024
Total income for Year / Event £303,059
Total Expenditure for the Year / Event £333,860
Balance at the Year End / Event (Total Income — Total Expenditure) £-30,801
Total Savings or Reserves at the Year End / after Event £87,814

4. Has your organisation applied to Cowes Town Council for a grant before? Yes

If yes, give the dates and the amounts awarded:

2015 £0.00

2016 £0.00

2018 £0.00

2021 £0.00

## 5. About the Project / Event/ Activity

<p>What project, activity, item(s) or event do you want us to fund?</p> <p>A pressure washer is a vital tool for the kind of work we do - whether it's cleaning benches before restoration, preparing surfaces for painting, or maintaining our own premises and tools to ensure a clean, safe, and presentable environment. Our current equipment is old and unreliable and has been repaired many times – it is now beyond repair.</p> <p>The cost of a suitable new reliable unit with a long warranty is £200 and we would be extremely grateful for any contribution you might be able to offer toward this essential piece of equipment.</p>
<p>When will your project / event / activity take place? We are open five days a week, fifty weeks of the year.</p>
<p>How will this grant will benefit the people and community of Cowes?</p> <p>We reduce social isolation, boost mental health and wellbeing and increase physical activity in a fun and friendly environment.</p>
<p>How much will it cost? £200</p>
<p>How much are you asking for in Grant? £200</p>
<p>If the cost is more than the amount requested, where do you expect the rest of the funding to come from?</p>
<p>n/a</p>

## APPLICATION CHECKLIST

- ✓ Have you answered all the questions in the application form? Enclosed
- ✓ the financial information/ accounts/ statements requested?
- ✓ You understand that if you make any seriously misleading statements (whether deliberate or accidental) at any stage during the application process, or knowingly withhold any information, this could make your application invalid and you could be liable to repay any funds to us.

Please sign and date your application in the box below.

Adam Martin 05/09/25

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For Office Use:

Date of decision:

Accepted / Declined